

Palliative Care Ethiopia

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Medical Oncologist & palliative care provider

Certificate on palliative medicine from Cipla palliative care center, India
& currently a St. Christopher's Hospice Multi-Professional academy student

Ethiopia

- Found in the Eastern part of Africa
- Second most populous nation in Africa - 107 million population
- The life expectancy increased to 65.5 years
- Health workforce of 0.7 per 1000 population
- The health system is still focused more on prevention
- 1.2 million people live with HIV
- WHO estimated 34% NCD deaths
- > 67,000 new cancer per year. Of which 70% are at late stage

I am interested in palliative care

- When I first assigned as Junior doctor with limited knowledge
- As a cancer doctor & in a country with 70% cancer diagnosed at late stage
- And beyond all there is no satisfaction in life than seeing other's suffering relived and giving love and support to others

Palliative care in Ethiopia

- **Policy** (strategic plan, MOH plans, NCCCP & HIV) & national guideline
- MOH assign 1 focal to facilitate PC delivery
- Ministry supported by Dr Nicola as an advisor
- Team of palliative care professionals working with ministry
- Notable Examples Hospice Ethiopia (NGO), Hawassa University Palliative care & Tikur Anbessa Hospital
- There are short term trainings provided by NGOs and The MOH
- **PCW trained a number of health professionals in Ethiopia**

Hawassa Palliative Care

- The first palliative care unit established out of the capital
- out patient and a 3 bed inpatient care
- Selected by the ministry as a **Model center**
- Provide a multidisciplinary palliative care (Physician, nurse, social worker, counselor, spiritual leaders, clinical pharmacist)
- Working with MD Anderson Cancer center on project ECHO-PACA site
- Working with PCW, APCA & True colors trust
- & with Hospice Ethiopia to expand the service to homecare
- Plan to start an innovative Community palliative care approach using health extension workers









LIVING & DYING IN PAIN
It Doesn't have to Happen

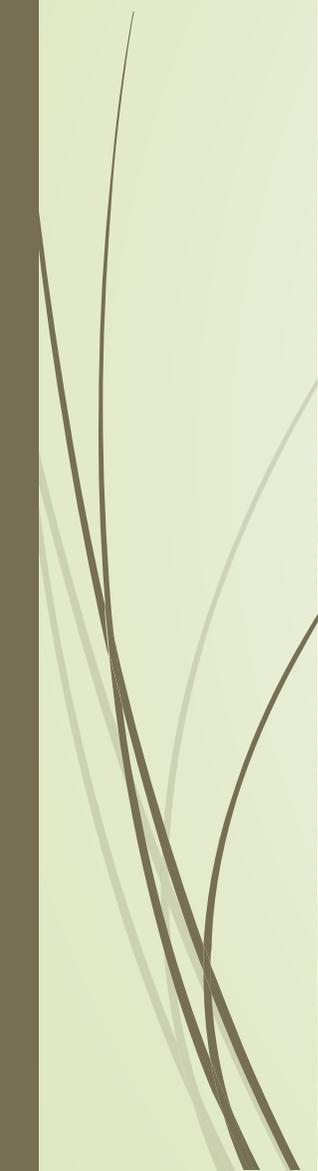
Hawassa University Comprehensive Specialized Hospital
PALLIATIVE CARE UNIT
Palliative Care as a right of all
A CARE BEYOND CURE



palliative people care patients hospital hospice illness time doctor medical years life disease think life disease

Morphine the best drug of choice for severe pain
The only available strong opioid in Ethiopia

MORPHINE SULFATE
Tablets - 10mg





Start Small grow bigger!

➡ Thank You!

- ➡ I invite you to Watch our Video from you tube **Hawassa Palliative care**
<https://youtu.be/xEjnV9Oe3uA>